

We make house calls!

Atlantic Chair Massage is mobile which means that you can receive massage in the comfort of your home. We set up in no time and require very little space. Whether it's for yourself, a special loved one or your entire family, we can arrange to come at a time that is convenient to you.

Why not include chair massage at your next home gathering or host a chair massage party? Chair massage adds something special to wedding showers, craft making circles, make-over nights, Tupperware parties and card games, for example.

“It's amazing. I could stay in this chair all day. I feel like a new woman!”

~ Dorothy Gallant
Early Childcare Provider, Dartmouth, NS



**Relax, Revive, Refresh...
from as little as a dollar a minute!**

Chair massage lets you experience all the wonders and benefits of massage while you remain fully clothed and without the use of oils or creams. Individual sessions generally last 15 minutes but can range from 5 - 60 minutes, depending on your needs.

We can tailor your massage, using special relaxation techniques that will focus on relieving tension and discomfort from any of the following key stress-affected areas: your neck, shoulders, back, arms, hands, scalp, face, glutes, legs and feet.

Our certified and insured massage practitioners are ready to come to you on short notice bringing everything necessary for your personalized relaxing chair massage.

Our services include:

Event Massage, Corporate Massage, Home Massage
Massage-ahh!-gram© and Gift Certificates.

“I could get used to having a massage before every show.”

~Gordie Sampson
Juno Award winning singer, songwriter, producer



Massage-ahh!-gram©

Consider surprising that special someone with a **Massage-ahh!-gram©**. It is a creative way to say thank you or to celebrate a birthday, anniversary or any accomplishment or milestone. We will work with you to custom design a relaxing break for someone deserving.

We can also deliver other goodies to enhance the experience. Some examples include: a personalized card, flowers, balloons, tasty treats, or one of our gift certificates for an additional massage in the future.

Gift Certificates

Each **Atlantic Chair Massage** gift certificate lets you select the duration, the cost and number of individual sessions. They are an ideal way to say thank you, happy birthday, or congratulations for a job well done!

Our money-back guarantee:
We guarantee that you will feel more relaxed after you've experienced a chair massage by an **Atlantic Chair Massage** practitioner or we will refund your money.



Be sure to visit our website at
www.atlanticchairmassage.com

902-476-9520
info@atlanticchairmassage.com
www.atlanticchairmassage.com
18 Savona Court, Dartmouth, NS
(Canada) B2W 4R1

relax • revive • refresh

Our professional chair massage can help you relax, feel refreshed and refocus your mind!

Our Commitment

Our aim is to provide total customer satisfaction. We achieve this by offering prompt, affordable, hassle-free service and by hiring only the most qualified, reliable and personable practitioners that are committed to ensuring you receive the highest standard of quality service.

“Chair massage is one of the biggest innovations in the massage industry since Swedish Massage was popularized in North America over 150 years ago. Don’t underestimate the power of a simple backrub.”

~ Eric Brown
founder of Relax to the Max, the premier accredited school in Canada

Our Credentials

All of our practitioners are professionally certified and fully insured for medical malpractice liability. We are registered members of both the **Association of Massage Therapists & Wholistic Practitioners (AMTWP - Canada)** and the **Associated Bodywork and Massage Professionals (ABMP USA)**. We adhere to the *Code of Ethics* established by both of these professional associations.

Event Organizers, Event Management, Trade Show Kiosks

Whether you're an event organizer, operate an event management business, or host a trade show stand, here's a great way to introduce your potential customers to the quality of care and service they can expect from your company - treat them to a complimentary chair massage.

We offer you a 30 minute individual chair massage Gift Certificate that you can give away - it's a great incentive for business prospects to leave you their business card.

Sports Events and Tournaments

Recreational and professional athletes alike can experience the benefits of chair massage. Whether it's for your team, for the special athlete in your life or a charitable event - a relaxing massage can soothe away tension in aching muscles.

Think of us for your golf tournament, softball or hockey playoffs, marathon events or a team gathering.

“I can’t believe it...my stiff aching neck feels so much better!”

~ Debi Shepard
recreational softball player & professional Real Estate agent

Live Performing Arts & Film and Television Productions

Treat yourself or your favourite artist to a chair massage before, after or during a break from the spotlight. Musicians, singers, actors, dancers and hosts will all benefit from massage. It reduces stress, leaves them feeling revived, refreshed and ready to give a confident and focused performance. Whether it's a live show, a studio session, on a set or on a location shoot, we can setup anywhere.

“That was the best 15 minutes I ever spent.”

~ Wendy Muise
Artist Relations, Love Africa 12-hour concert

Don't forget your hard-working production team who work long hours to ensure that artists sound and look their best. Heavy lifting and often challenging working conditions lead to tired aching muscles.

“You’ve got great hands for massage. That felt incredible, thank you!”

~ Stanley ‘Nipper’ MacLeod
President & member, Men of the Deeps

The benefits of chair massage in the workplace extend beyond just feeling good.

Research confirms that chair massage is an effective way to:

- motivate staff thus stimulating productivity
- increase job satisfaction
- improve employee morale
- decrease absenteeism
- retain key staff
- lower anxiety and improve the ability to make decisions
- detect, prevent and provide education on health concerns
- help reduce the costs associated with stress and work-related illness

Let us create a workable plan for you. Contact us for your free demonstration visit.

relax • revive • refresh

